MICHAEL E. LEVIN, Ph.D.

*CURRICULUM VITAE*

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| Utah State University  2810 Old Main Hill  Logan, UT 84322 |  | Phone: (541)531-3892  E-mail: Mike.Levin@USU.edu |

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| EDUCATION | | | | | | | | | |
| **Clinical Psychology Internship** | | | | 2013 | | | | | |
|  | Brown University Clinical Psychology Training Consortium | | | | | | | | |
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| **Ph.D. in Clinical Psychology** | | | | 2013 | | | | | |
|  | University of Nevada Reno | | | | | | | | |
|  | Dissertation: Evaluating a Prototype Acceptance and Commitment Training Web-Based Prevention Program for Depression and Anxiety in College Students (Chair: Steven C. Hayes, Ph.D.) | | | | | | | | |
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| **M.A. in Psychology** | | | | | 2010 | | | | |
|  | University of Nevada Reno | | | | | | | | |
|  | Thesis: Enhancing the Precision of Implicit Cognition Measures: A Test of the Mixed Trial – Implicit Relational Assessment Procedure(Chair: Steven C. Hayes, Ph.D.) | | | | | | | | |
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| **B.A. in Psychology (Summa Cum Laude)** | | | | | 2005 | | | | |
|  | University of Colorado Boulder | | | | | | | | |
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| PROFESSIONAL POSITIONS | | | | | | | | | |
| **Professor**  **Associate Professor**  **Assistant Professor** | | | | | | 2021 - present  2018 – 2021  2013 – 2018 | | | |
|  | Department of Psychology, Utah State University | | | | | | | | |
|  | Combined Clinical/Counseling Psychology Ph.D. Program | | | | | | | | |
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| **Research Associate** | | | | | | 2/08 – 08/19 | | | |
|  | NIH-Funded Small Business Grants to Develop Web-Based ACT Programs | | | | | | | | |
|  | Contextual Change LLC, Reno, NV | | | | | | | | |
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| **Clinical Psychology Resident** | | | | | | 7/12 – 6/13 | | | |
|  | Brown University Clinical Psychology Training Consortium | | | | | | | | |
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| **Graduate Research Assistant** | | | | | | 11/06 – 6/12 | | | |
|  | NIMH-Funded Prevention of Suicidality in College Students Grant  NIDA-Funded Stigma/Burnout in Addiction Counselors Grant | | | | | | | | |
|  | University of Nevada, Reno | | | | | | | | |
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| **Professional Research Assistant** | | | | | | 05/05 – 07/06 | | | |
|  | NIAAA-funded Alcohol Use and Sexual Risk Intervention Grant | | | | | | | | |
|  | University of Colorado Boulder | | | | | | | | |
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| GRANTS | | | | | | | | | |
| GRANTS UNDER REVIEW | | | | | | | | | |
| Improving online behavioral weight loss for adults with high weight self-stigma through adjunctive Acceptance and Commitment Therapy  Principal Investigators: Michael E. Levin & Jason Lillis  Agency: National Institute of Diabetes and Digestive and Kidney Diseases  Role on Project: Principal Investigator | | | | | | | | | |
| CURRENT FUNDED GRANTS | | | | | | | | | |
| Psychological flexibility in adults with ASD: Psychological distress in the context of COVID-19  Principal Investigator: Ty Aller  Funding Source: National Research Consortium on Mental Health in Intellectual and  Developmental Disabilities  Role on Project: Co-Investigator  Total Costs: $10,000 | | | | | | | | | |
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| PREVIOUS FUNDED GRANTS | | | | | | | | |
| Pilot evaluation of peer-support coaching to increase adherence to online self-help for college mental health  Principal Investigator: Michael E. Levin  Funding Source: Utah State University Research Catalyst Grant  Period: 7/1/2020 - 6/30/2021  Role on Project: Principal Investigator  Total Costs: $19,978  A Process-Based App Intervention Study for Clinical Perfectionism  Principal Investigator: Clarissa Ong  Agency: Association for Contextual Behavioral Science Research Development  Period: 1/1/2020 - 3/31/2021  Role on Project: Co-Investigator  Total Costs: $4,988 | | | | | | | | |
| Can eHealth coaching after early childhood hearing aid fitting improve parents coping and child outcomes?  Principal Investigator: Karen Munoz  Agency: Utah State University Research Catalyst Grant  Period: 7/1/2019 - 6/30/2020  Role on Project: Co-Investigator  Total Costs: $19,685 | | | | | | | | | |
| Development and Evaluation of ACT on Health: An Online Health Promotion Program | | | | | | | | | |
| Principal Investigator: Michael E. Levin  Agency: Utah State University Extension Grants Program  Period: 4/1/2018 - 12/31/2019  Role on Project: Principal Investigator  Total Costs: $29,961 | | | | | | | | | |
| Mindfulness and Acceptance Applied in College through Web-Based Guided Self-Help  (Phase II) | | | | | | | | | |
|  | Principal Investigators: Michael E. Levin, Jacqueline Pistorello & Crissa Levin  Agency: National Center for Complementary and Alternative Medicine  R44 AT006952  Period: 9/1/14 – 3/1/19  Role on Project: Principal Investigator  Total Costs: $1,179,756 | | | | | | | | |
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| Development of a Web-based Acceptance and Commitment Therapy Intervention for Dementia Caregivers in Utah | | | | | | | | |
|  | Principal Investigator: Elizabeth Fauth  Agency: Utah State University Extension Grants Program  Role on Project: Co-Investigator  Period: 4/1/2017 - 12/1/2018  Total Costs: $29,951 | | | | | | | |
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| A Multi-Modal Intervention to Address Psychosocial Needs in Advanced Cancer | | | | | | | | | |
| Principal Investigator: Joanna Arch  Agency: American Cancer Society  Period: 7/1/16 – 10/1/18  Role on Project: Co-Investigator  Total Costs: $120,000 | | | | | | | | | |
| Acceptance and Commitment Therapy and Obsessive-Compulsive Disorder | | | | | | | | | |
|  | Principal Investigator: Michael Twohig  Agency: International OCD Foundation  Period: 12/15/15 – 12/31/17  Role on Project: Co-Investigator  Total Costs: $100,000 | | | | | | | | |
| Implementation of a Web-Based Outcome Monitoring System to Improve Training in Clinical Practice and Research | | | | | | | | | |
|  | Principal Investigator: Rick A. Cruz  Agency: Society for a Science of Clinical Psychology - Varda Shoham Clinical Scientist Training Initiative  Period: 6/1/15 – 5/31/16  Role on Project: Co-Investigator  Total Proposed Costs: $1,500 | | | | | | | | |
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| Developing an Acceptance and Commitment Therapy-Based Adjunctive Mobile App to Improve Mental Health Care | | | | | | | | | |
|  | Principal Investigator: Michael E. Levin | | | | | | | | |
|  | Agency: Utah State University Research Catalyst Grant  Period: 7/1/14 – 12/31/15 | | | | | | | | |
|  | Role on Project: Principal Investigator | | | | | | | | |
|  | Total Costs: $19,786 | | | | | | | | |
| Mindfulness and Acceptance Applied in College through Web-Based Guided Self-Help | | | | | | | | | |
|  | Principal Investigators: Michael E. Levin& Jacqueline Pistorello  Agency: National Center for Complementary and Alternative Medicine  R43 AT006952  Period: 9/1/11 – 8/15/13  Role on Project: Principal Investigator  Total Costs: $229,434 | | | | | | | | |
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| Evaluating a Web-Based Depression and Anxiety Prevention Program for College Students | | | | | | | | | |
|  | Principal Investigator: Michael E. Levin  Agency: University of Nevada, Reno – Graduate Student Association  Period: 9/1/12 – 5/1/13  Role on Project: Principal Investigator  Total Costs: $2,500 | | | | | | | | |
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| Prevention of College Student Mental Health Problems: A Web-Based ACT Program | | | | | | | | | |
|  | Principal Investigators: Michael E. Levin**,** Jacqueline Pistorello & Steven C. Hayes  Agency: National Institute of Mental Health  R43 MH085336  Period: 7/1/10 – 11/30/11  Role on Project: Principal Investigator  Total Costs: $197,053 | | | | | | | | |
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| CONSULTANT GRANTS  **Under Review**  CLASSACT: A Novel Solution to Anti-stigma Training and Continuous Assessment of Stigmatizing Language for Healthcare Providers  Principal Investigators: Tony Ma  Agency: National Institute on Drug Abuse  Role on Project: Consultant  A Mobile Intervention to Reduce Suicidality During the Partial Hospital to Outpatient Transition  Principal Investigators: Kristy Dalrymple  Agency: American Foundation for Suicide Prevention  Role on Project: Consultant  **Currently Funded**  Teaching novel values-based skills to improve long-term weight loss: A randomized trial examining the efficacy of a weight loss maintenance intervention based on Acceptance and Commitment Therapy  Principal Investigator: Jason Lillis  Agency: National Institute of Diabetes and Digestive and Kidney Diseases  R01DK120731  Period: 9/23/2019 – 5/31/2024  Role on Project: Consultant  Randomized clinical trial of a multi-modal palliative care intervention  Principal Investigator: Joanna Arch  Agency: National Institute of Nursing Research  R01NR018479  Period: 4/1/2020 – 1/31/2025  Role on Project: Consultant  **Previously Funded**  A Novel Values-based Intervention to Increase Medication Adherence among Breast Cancer Survivors  Principal Investigator: Joanna Arch  Agency: National Cancer Institute  R21CA218723  Period: 4/1/2018 – 3/31/2020  Role on Project: Consultant  Mindfulness, Alcoholism, and Relapse Prevention  Principal Investigator: Martin Sheehan  Agency: National Institute on Alcohol Abuse and Alcoholism  R43AA024640  Period: 9/1/16 - 6/30/17  Role on Project: Consultant  OTHER FUNDING  Wed-Based Treatment of Adults with Trichotillomania  Funding Source: Donation Huntsman Foundation  Period: 3/1/20 – Present  Role on Project: Co-Investigator  Total Costs: $50,000  Telehealth Treatment of Adolescent Trichotillomania  Funding Source: Donation Huntsman Foundation  Period: 12/1/17 – Present  Role on Project: Co-Investigator  Total Costs: $50,000  Web-Based ACT for College Student Success  Principal Investigator: Michael E. Levin  Funding Source: Alan E. Hall Innovation for Undergraduate Student Success Award  Period: 6/1/15 – 5/31/16  Role on Project: Principal Investigator  Total Costs: $10,000  National Institutes of Health Clinical Loan Repayment Grant (Competitive Renewal)  Funding Source: National Institute of Mental Health  Period: 7/1/16 – 6/30/18  Role on Project: Principal Investigator  National Institutes of Health Clinical Loan Repayment Grant  Funding Source: National Institute of Mental Health  Period: 7/1/14 – 6/30/16  Role on Project: Principal Investigator | | | | | | | | | |
| SCHOLARLY PUBLICATIONS | | | | | | | | | |
| BOOKS | | | | | | | | | |
| *\* Indicates graduate student author*  4. Twohig, M.P., **Levin, M.E.**, & Petersen, J.M.\* (Eds.) (under contract). *Oxford University Press Handbook of Acceptance and Commitment Therapy.* New York:Oxford Press.  3. Twohig, M.P., **Levin, M.E.** & Ong, C.W.\* (2020). *ACT in Steps: A Transdiagnostic Manual for Learning Acceptance and Commitment Therapy*. New York: Oxford Press.  2. **Levin, M.E.**, Twohig, M.P. & Krafft, J.\* (Eds.) (2020). *Innovations in Acceptance and Commitment Therapy: Clinical Advancements and Applications in ACT*. Oakland, CA: New Harbinger.  1. Hayes, S. C. & **Levin, M. E.** (Eds.) (2012). *Mindfulness and Acceptance for Addictive Behaviors: Applying Contextual CBT to Substance Abuse and Behavioral Addictions*. Oakland, CA: New Harbinger. | | | | | | | | | |
| PEER-REVIEWED JOURNAL ARTICLES *\* Indicates graduate student author; \*\* indicates undergraduate student author* | | | | | | | | | |
| **In Press**  107. Krafft, J.\*, Klimczak, K.S.\*, & **Levin, M.E.** (In Press). Effects of cognitive restructuring and defusion for coping with difficult thoughts in daily life. *Cognitive Therapy and Research.*  106. Fauth, E.B., Novak, J.R. & **Levin, M.E.** (In Press). Outcomes from a Pilot Online Acceptance and Commitment Therapy (ACT) Program for Dementia Family Caregivers. *Aging and Mental Health.*  105. Krafft, J.\*, Ong, C.W.\*, Davis, C.H.\*, Petersen, J.M.\*, **Levin, M.E.** & Twohig M.P. (In Press). An open trial of group acceptance and commitment therapy (ACT) with an adjunctive mobile app for generalized anxiety disorder (GAD). *Cognitive and Behavioral Practice.*  104. Ong, C.W.\*, Lee, E.B., Petersen, J.M.\*, **Levin, M.E.** & Twohig, M.P. (In Press). Is Perfectionism Always Unhealthy? Examining the Moderating Effects of Psychological Flexibility and Self-Compassion. *Journal of Clinical Psychology.*  103. Haeger, J.\*, Davis, C.H.\* & **Levin, M.E.** (In Press). Utilizing ACT Daily as a self-guided app for clients waiting for services at a college counseling center: A pilot study. *Journal of American College Health.*  102. **Levin, M.E.**, Krafft, J.\*, Seifert, S.\* & Lillis, J. (In Press). Tracking valued and avoidant functions with health behaviors: A randomized controlled trial of the acceptance and commitment therapy matrix mobile app. *Behavior Modification.*  101. **Levin, M.E.**, Hicks, E.T.\* & Krafft, J.\* (In Press). Pilot evaluation of the Stop, Breathe & Think mindfulness app for student clients on a college counseling center waitlist. *Journal of American College Health.*  100. Petersen, J.M.\*, Durward, C., **Levin, M.E.** (In Press). Psychological inflexibility as a mediator between weight self-stigma and health-related outcomes. *The Bulletin of the Menninger Clinic.*  99. Petersen, J.M.\*, Ong, C.W.\*, Hancock, A.\*, Gillam, R., **Levin, M.E.**, & Twohig, M.P. (In Press). An examination of the relationship between perfectionism and neurological functioning. *Journal of Cognitive Psychotherapy*.  98. Twohig, M.P., Petersen, J.M.\*, Fruge, J.\*, Ong, C.W.\*, Barney, J.L.\*, Krafft, J.\*, Lee, E.B. & **Levin, M.E.** (In Press). A pilot randomized controlled trial of online-delivered ACT-enhanced behavior therapy for trichotillomania in adolescents. *Cognitive and Behavioral Practice.*  97. **Levin, M.E.**, Krafft, J.\*, Davis, C.H.\* & Twohig, M.P. (In Press). Evaluating the effects of guided coaching calls on engagement and outcomes for online acceptance and commitment therapy. *Cognitive Behaviour Therapy.*  96. Potts, S.\*, Krafft, J.\* & **Levin, M.E.** (In Press). A randomized controlled trial of acceptance and commitment therapy self-help with or without phone coaching for overweight and obese adults high in weight self-stigma. *Behavior Modification.*  **2021**  95. **Levin, M.E.**, Petersen, J.M.\*, Durward, C., Bingeman, B., Davis, E., Nelson, C. & Cromwell, S. (2021). A randomized controlled trial of online acceptance and commitment therapy to improve diet and physical activity among adults who are overweight/obese. *Translational Behavioral Medicine, 11,* 1216-1225*.*  94. Rosenthal, A.\*, **Levin, M.E.**, Garland, E. & Romanczuk-Seiferth, N. (2021). Mindfulness in treatment approaches for addiction – underlying mechanisms and future directions. *Current Addiction Reports, 8,* 282-297*.*  93. Ong, C.W.\*, Krafft, J.\*, **Levin, M.E.** & Twohig, M.P. (2021). A systematic review and psychometric evaluation of self-report measures for hoarding disorder. *Journal of Affective Disorders, 290*, 136-148*.*  92. Davis, C.H.\*, Gaudiano, B.A., McHugh, L. & **Levin, M.E.** (2021). Integrating storytelling into the science and practice of contextual behavioral science. *Journal of Contextual Behavioral Science, 20,* 155-162*.*  91. Petersen, J.M.\*, Krafft, J.\*, Twohig, M.P., **Levin, M.E.** (2021). Evaluating the open and engaged components of acceptance and commitment therapy in an online self-guided website: Results from a pilot trial. *Behavior Modification, 45,* 480-501*.*  90. Ong, C.W.\*, Krafft, J.\*, Panoussi, F.\*\*, Petersen, J.\*, **Levin, M.E.** & Twohig, M.P. (2021). In-person and online-delivered acceptance and commitment therapy for hoarding disorder: A multiple baseline study. *Journal of Contextual Behavioral Science, 20,* 108-117*.*  89. Lillis, J., Schumacher, L., Thomas, J.G., **Levin, M.E.**, Dunsiger, S., Unick, J.L., Evans, E., Hayes, J.F. & Wing, R.R. (2021). Study protocol for a randomized controlled trial comparing two low-intensity weight loss maintenance interventions based on Acceptance and Commitment Therapy or Self-Regulation. *Contemporary Clinical Trials, 103,* 106327*.*  88. Aller, T.B., Fauth, E.B., Hodgskiss, S., Sheen, S. & **Levin, M.E.** (2021). Mental health supportive services during COVID-19: Proposing an online, self-guided Acceptance and Commitment Therapy program for parents in the disability community. *Developmental Disabilities Network Journal, 1*(2)*.*  87. Davis, C.H.\*, Krafft, J.\*, Hicks, E.T.\* & **Levin, M.E.** (2021). The role of psychological inflexibility and perspective taking in anti-racism and anti-sexism. *Personality and Individual Differences, 175,* 110724*.*  86. **Levin, M.E.**, Krafft, J.\*, An, W.\*, Ong, C.W.\* & Twohig, M.P. (2021). Preliminary findings on processes of change and moderators for cognitive defusion and restructuring delivered through mobile apps. *Journal of Contextual Behavioral Science, 20*, 13-19.  **2020**  85. Ong, C.W.\*, **Levin, M.E.** & Twohig, M.P. (2020). Beyond acceptance and commitment therapy: Process-based therapy. *Psychological Record, 70,* 637-648*.*  84. Gloster, A., Walder, N.\*, **Levin, M.E.**, Twohig, M. & Karekla, M. (2020). The empirical status of acceptance and commitment therapy: A review of meta-analyses. *Journal of Contextual Behavioral Science, 18*, 181-192*.*  83. Arch, J.J., Fishbein, J.N.\*, Mitchell, J.L., Ferris, M.\*, **Levin, M.E.**, Slivjak, E., Andorsky, D.J. & Kutner, J.S. (2020). Acceptability, feasibility, and potential for efficacy of an acceptance-based intervention to address psychosocial and advance care planning needs among anxious and depressed adults with metastatic cancer. *Journal of Palliative Medicine, 23*, 1380-1385.  82. Ong, C.W.\*, Hancock, A.S.\*, Barrett, T.S., Lee, E.B.\*, Wan, N., Gillam, R.B., **Levin, M.E.** & Twohig, M.P. (2020). A preliminary investigation of the effect of acceptance and commitment therapy on neural activation in clinical perfectionism. *Journal of Contextual Behavioral Science, 18*, 152-161*.*  81. Ong, C.\*, Pierce, B., Petersen, J.\*, Barney, J.\*, Fruge, J.\*, **Levin, M.E.** & Twohig, M.P. (2020). A psychometric comparison of psychological inflexibility measures: Discriminant validity and item performance. *Journal of Contextual Behavioral Science, 18*, 34-47*.*  80. Krafft, J.\*, Twohig, M.P., & **Levin, M.E.** (2020). A randomized trial of acceptance and commitment therapy and traditional cognitive-behavioral therapy self-help books for social anxiety. *Cognitive Therapy and Research, 44*, 954-966*.*  79. Krafft, J.\*, Ong, C.W.\*, Cruz, R.A., Twohig, M.P., & **Levin, M.E.** (2020). An ecological momentary assessment study investigating the function of hoarding. *Behavior Therapy, 51,* 715-727*.*  78. Lillis, J., Thomas, J.G., **Levin, M.E.** & Wing, R.R. (2020). Self-stigma and weight loss: The impact of fear of being stigmatized. *Journal of Health Psychology, 25,* 922-930*.*  77. **Levin, M.E.**, Krafft, J.\* & Twohig, M.P. (2020). Examining processes of change in an online acceptance and commitment therapy dismantling trial with distressed college students. *Journal of Contextual Behavioral Science, 17,* 10-16*.*  76. Henriques, C.A.\*, Cardaciotto, L., **Levin, M.E.** & Armstrong, S.L. (2020). Implementing a web-based cognitive defusion program to target negative self-referential thoughts in college students: A pilot study. *Journal of Contextual Behavioral Science, 16*, 183-191*.*  75. **Levin, M.E.**, An, W.\*, Davis, C.\* & Twohig, M.P. (2020). Evaluating acceptance and commitment therapy and mindfulness-based stress reduction self-help books for college student mental health. *Mindfulness, 11*, 1275-1288*.*  74. Luoma, J.B., Pierce, B.\* & **Levin, M.E.** (2020). Experiential avoidance and negative affect as predictors of daily drinking. *Psychology of Addictive Behaviors, 34*, 421-433*.*  73. Ong, C.W.\*, Krafft, J.\*, **Levin, M.E.**, & Twohig, M.P. (2020). Comparing effects of acceptance training and psychoeducation on hoarding symptoms. *Journal of Obsessive-Compulsive and Related Disorders, 25*, 100521.  72. **Levin, M.E.**, Krafft, J.\*, Hicks, E.T.\*, Pierce, B.\* & Twohig, M.P. (2020). A randomized dismantling trial of the open and engaged components of acceptance and commitment therapy in an online self-help program for distressed college students. *Behaviour Research & Therapy, 126,* 103557*.*  71. Lee, E.B.\*, Homan, K.\*, Morrison, K.L.\*, Ong, C.W.\*, **Levin, M.E.** & Twohig, M.P. (2020). Acceptance and commitment therapy for Trichotillomania: A randomized controlled trial of adults and adolescents. *Behavior Modification, 44*, 70-91*.*  **2019**  70. Krafft, J.\*, Hicks, E.T.\*, Mack, S.\*, & **Levin, M.E.** (2019). Psychological inflexibility predicts suicidality over time in college students. *Suicide and Life-Threatening Behavior, 49*, 1488-1496.  69. Rudaz, M., Ledermann, T., Twohig, M.P. & **Levin, M.E.** (2019). Does a brief mindfulness training enhance heartfulness in students? Results of a pilot study. *OBM Integrative and Complementary Medicine, 4*, 15*.*  68. Smith, B.M.\*, Villatte, J.L., Ong, C.W.\*, Butcher, G.M.\*, Twohig, M.P., **Levin, M.E.** & Hayes, S.C. (2019). The influence of a personal values intervention on cold pressor-induced distress tolerance. *Behavior Modification, 43,* 688-710*.*  67. Ong, C. W.\*, Barney, J. L.\*, Barrett, T. S., Lee, E. B.\*, **Levin, M. E.**, & Twohig, M. P. (2019). The role of psychological inflexibility and self-compassion in acceptance and commitment therapy for clinical perfectionism. *Journal of Contextual Behavioral Science, 13*, 7-16*.*  66. **Levin, M.E.**, Smith, B.M.\* & Smith, G.S. (2019). The potential benefits of flexibility for dissemination and implementation: Acceptance and commitment therapy as an example. *Perspectives on Behavior Science, 42*, 223-232*.*  65. Ong, C.W.\*, Lee, E.B.\*, Krafft, J.\*, Terry, C.L.\*\*, Barrett, T.S., **Levin, M.E.** & Twohig, M.P. (2019). A randomized controlled trial of acceptance and commitment therapy for clinical perfectionism. *Journal of Obsessive-Compulsive and Related Disorders, 22.*  64. Ong, C.W.\*, Lee, E.B.\*, **Levin, M.E.** & Twohig, M.P. (2019). A review of AAQ variants and other context-specific measures of psychological flexibility. *Journal of Contextual Behavioral Science, 12,* 329-346*.*  63. Pierce, B.\* & **Levin, M.E.** (2019). Preliminary validation and reliability assessment of a 10-Item Tacting of Function Scale. *Journal of Contextual Behavioral Science, 12,* 322-328*.*  62. Krafft, J.\*, Ong, C.W.\*, Twohig, M.P. & **Levin, M.E.** (2019). Assessing psychological inflexibility in hoarding: The Acceptance and Action Questionnaire for Hoarding (AAQH). *Journal of Contextual Behavioral Science, 12,* 234-242*.*  61. **Levin, M.E.**, Krafft, J.\*, Pistorello, J. & Seeley, J.R. (2019). Assessing psychological inflexibility in university students: Development and validation of the acceptance and action questionnaire for university students (AAQ-US). *Journal of Contextual Behavioral Science, 12,* 199-206*.*  60. Firestone, J.\*, Cardaciotto, L., **Levin, M.E.**, Goldbacher, E., Vernig, P. & Gambrel, L.E. (2019). A web-based self-guided program to promote valued-living in college students: A pilot study. *Journal of Contextual Behavioral Science, 12,* 29-38*.*  59. **Levin, M.E.**, Haeger, J.\* & Cruz, R.A. (2019). Tailoring acceptance and commitment therapy skill coaching in-the-moment through smartphones: Results from a randomized controlled trial. *Mindfulness, 10,* 689-699*.*  58. Twohig, M.P., Ong, C.W.\*, Krafft, J.\*, Barney, J.\* & **Levin, M.E.** (2019). Starting off on the right foot in Acceptance and Commitment Therapy. *Psychotherapy, 56,* 16-20*.*  57. Krafft, J.\*, Haeger, J.\* & **Levin, M.E.** (2019). Comparing cognitive fusion and cognitive reappraisal as predictors of college student mental health. *Cognitive Behaviour Therapy, 48,* 241-252*.*  56. **Levin, M.E.**, Navarro, C.\*, Cruz, R.A. & Haeger, J.\* (2019). Comparing in-the-moment skill coaching effects from tailored versus non-tailored Acceptance and Commitment Therapy mobile apps in a non-clinical sample. *Cognitive Behaviour Therapy, 48*, 200-216*.*  55. Rafacz, S.D., Houmanfar, R.A., Smith, G.S. & **Levin, M.E.** (2019). Assessing the effects of motivative augmentals, pay-for-performance, and implicit verbal responding on cooperation. *The Psychological Record, 69*, 49-66*.*  54. **Levin, M.E.**, Lee, E.\* & Twohig, M.P. (2019). The role of experiential avoidance in problematic pornography viewing. *The Psychological Record, 69*, 1-12*.*  53. Ong, C.W.\*, Pierce, B.G.\*, Woods, D.W., Twohig, M.P., **Levin, M.E.** (2019). The Acceptance and Action Questionnaire - II: An item response theory analysis. *Journal of Psychopathology & Behavioral Assessment, 41,* 123-134*.*  52. Krafft, J.\*, Potts, S.\*, Schoendorff, B., & **Levin, M.E.** (2019). A randomized controlled trial of multiple versions of an acceptance and commitment therapy matrix app for well-being. *Behavior Modification, 43*, 246-272.  **2018**  51. **Levin, M.E.**, Haeger, J.\*, An, W.\* & Twohig, M.P. (2018). Comparing cognitive defusion and cognitive restructuring delivered through a mobile app for individuals high in self-criticism. *Cognitive Therapy and Research, 42*, 844-855*.*  50. **Levin, M.E.**, Krafft, J.\*, Pierce, B.\* & Potts, S.\* (2018). When is experiential avoidance harmful in the moment? Examining global experiential avoidance as a moderator. *Journal of Behavior Therapy and Experimental Psychiatry, 61,* 158-163.  49. Lee, E.\*, Haeger, J.\*, **Levin, M.E.**, Ong, C. & Twohig, M. (2018). Telepsychotherapy for trichotillomania: A randomized controlled trial of ACT-enhanced behavior therapy. *Journal of Obsessive-Compulsive and Related Disorders, 18*, 106-115*.*  48. Ong, C.W.\*, Krafft, J.\*, **Levin, M.E.** & Twohig, M.P. (2018). An examination of the role of psychological inflexibility in hoarding using multiple mediator models. *Journal of Cognitive Psychotherapy, 32,* 97-111*.*  47. **Levin, M.E.**, Haeger, J.\*, Ong, C.W.\* & Twohig, M.P. (2018). 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Acceptance and Commitment Therapy (ACT) for Substance Use Disorders. In P. Lucena-Santos, S.A. Carvalho, J. Pinto-Gouveia, M.S. Oliveira, & J. Pistorello (Eds.). *Manual Internacional de Fundamentos Teóricos e Práticos da Terapia de Aceitação e Compromisso [International Handbook of Theoretical and Practical Foundations of Acceptance and Commitment Therapy]*. Camaquã, RS: Editora Fênix Sefarad.  **2021**  25. Lee, E.B.\*, Pierce, B.G.\*, Twohig, M.P. & **Levin, M.E.** (2021). Acceptance and commitment therapy. In A. Wenzel (Ed.), *Handbook of Cognitive Behavioral Therapy, Volume 1*. American Psychological Association.  **2020**  24. Potts, S.A.\*, Twohig, M.P., Butcher, G.M.\*, & **Levin, M.E.** (2020). Assessment of mindfulness in children and adolescents. In N. N. Singh (Ed.), *Mindfulness-based interventions with children and adolescents: Research and practice*. Taylor & Francis: United Kingdom.  23. **Levin, M.E.**, Krafft, J.\* & Twohig, M.P. (In Press). Innovations in acceptance and commitment therapy: Refining a treatment more adequate for the challenges of the human condition. In M.E. Levin, M.P. Twohig & J. Krafft (Eds.), *Innovations in Acceptance and Commitment Therapy: Clinical Advancements and Applications in ACT*. Oakland, CA: New Harbinger.  22. Krafft, J.E.\*, Butcher, G.M.\*, **Levin, M.E.**, & Twohig, M.P. (2020). Acceptance and commitment therapy. In I. Ivtzan (Ed.), *The Handbook of Mindfulness-Based Programs: Every Established Intervention, from Medicine to Education*. 7-17. Routledge Press.  **2019**  21. Ong, C. W.\*, Smith, B. M.\*, **Levin, M. E.**, Twohig, M. P. (2019). Acceptance and Mindfulness. In J. S. Abramowitz and S. M. Blakey (Eds). *Clinical Handbook of Fear and Anxiety: Psychological Processes and Treatment Mechanisms*. Washington, D.C.: American Psychological Association Press.  **2017**  20. **Levin, M.E.**, Herbert, J.D. & Forman, E.M. (2017). 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Maragakis (Eds.) *Quality improvement and behavioral health* (pp. 69-85). Springer.  15. Pistorello, J., Hayes, S. C., Seeley, J., Biglan, T., Long, D. M., **Levin, M. E.**, Kosty, D., Lillis, J., Villatte, J., MacLane, C., Vilardaga, R., Daflos, S., Hammonds, S., Locklear, A. & Hanna, E. (2016). ACT-based first year experience seminars. In J. Block-Lerner & L. Cardaciotto (Eds.), *The mindfulness-informed educator: Building acceptance & psychological flexibility in higher education* (pp. 101-120). New York: Routledge.  14. **Levin, M.E.**, Twohig, M.P. & Smith, B.M.\* (2016). Contextual Behavioral Science: An overview. In R.D. Zettle, S.C. Hayes, D. Barnes-Holmes, A. Biglan (Eds.) *The Wiley Handbook of Contextual Behavioral Science* (pp. 17-36)*.* Wiley-Blackwell.  13. **Levin, M.E.**, Lillis, J. & Biglan, A. (2016). The potential of community-wide strategies for promoting psychological flexibility. In R.D. Zettle, S.C. Hayes, D. Barnes-Holmes, A. 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Hayes, S.C., Pistorello, J., & **Levin, M.E.** (2013). Mindfulness and acceptance in college students: Why it matters. In J. Pistorello (Ed.), *Mindfulness and Acceptance for Counseling College Students: Theory and Practical Applications for Intervention, Prevention and Outreach* (pp. 9-22)*.* Oakland, CA: New Harbinger.  **2012**  8. **Levin, M.E.** & Hayes, S.C. (2012). Contextual cognitive behavior therapies for addictive behaviors. In Hayes, S.C. & Levin, M.E. (Eds.), *Mindfulness and Acceptance for Addictive Behaviors: Applying Contextual CBT to Substance Abuse and Behavioral Addictions* (pp. 1-26)*.* Oakland, CA: New Harbinger.  7. **Levin, M.E.**, Hayes, S.C. & Vilardaga, R. (2012). Acceptance and Commitment Therapy: Applying an iterative translational research strategy in behavior analysis. In G. Madden, G. P. Handley, & W. Dube (Eds). *APA Handbook of Behavior Analysis* (Vol 2) (pp. 455-479). Washington, DC: American Psychological Association.  **2011**  6. **Levin, M.E.** (2011). Evaluative evidence of prevention programs. In M. Kleiman, J. Hawdon & J. G. Golson (Eds.), *Encyclopedia of Drug Policy*. Thousand Oaks, CA: Sage Publications.  **2010**  5. **Levin, M.E.** & Hayes, S.C. (2010). Mindfulness and Acceptance:  The Perspective of Acceptance and Commitment Therapy. In J.D. Herbert & E. Forman (Eds.), *Acceptance and Mindfulness in Cognitive Behavior Therapy* (pp. 291-316). Hoboken, NJ: Wiley.  4. **Levin, M.E.** & Lillis, J. (2010). Substance Abuse. In C. Draper & W. O’Donahue (Eds.), *Stepped Care and E-Health: Practical Applications to Behavioral Disorders* (pp. 115-136). New York: Springer.  **2009**  3. **Levin, M.E.** & Hayes, S. C. (2009). ACT, RFT, and contextual behavioral science. In J. T. Blackledge, J. Ciarrochi, & F. P. Deane (Eds.), *Acceptance and Commitment Therapy: Contemporary research and practice* (pp. 1 – 40). Sydney: Australian Academic Press  **2008**  2. **Levin, M.E.,** Draper, C. & Piasecki, M. (2008). Public policy, prevention. In Fisher, G. (Ed.), *Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery.* Thousand Oaks, CA: Sage Publications.  **2007**  1. Hayes, S. C.,  Masuda, A., Shenk, C., Yadavaia, J. E., Boulanger, J., Vilardaga, R., Plumb, J., Fletcher, L., Bunting, K., **Levin, M.E.,** Waltz, T. J., & Hildebrandt, M. J. (2007). Applied extensions of behavior principles: Applied behavioral concepts and behavioral theories.  In D. Woods & J. Kantor (Eds.) *Understanding behavior disorders: A contemporary behavior analytic perspective.* (pp. 47-80) Reno, NV: Context Press. | | | | | | | | | |
| MANUSCRIPTS SUBMITTED FOR PUBLICATION | | | | | | | | | |
| Conheady, H.M., Nielsen, J.D.J. & **Levin, M.E.** (Revise Resubmit). Evaluating the impact of a web-based acceptance & commitment therapy intervention on mental health skills in university students. *Behavior Modification.*  Landy, L.\*, Tobias, M.\*, **Levin, M.E.** & Arch, J. (Revise Resubmit). A randomized trial of brief online interventions to facilitate treatment seeking for social anxiety. *Behavior Modification.*  Ong, C.W.\*, Terry, C.L.\*\*, **Levin, M.E.** & Twohig, M.P. (Revise Resubmit). Examining the feasibility and effectiveness of online acceptance and commitment therapy self-help in a quasi-stepped care model. *Psychological Services.*  Smith, B.M., Barney, J.L.\*, Ong, C.W.\*, Barrett, T.S., **Levin, M.E.** & Twohig, M.P. (Under Review). Physiological, behavioral and self-report outcomes of acceptance- and regulation-based exposure for intrusive thoughts.  Akbari, M., Seydavi, M., Hosseini, Z.S., Krafft, J.\* & **Levin, M.E.** (Under Review). Experiential avoidance in anxiety and depression: A comprehensive systematic review and meta-analysis.  Krafft, J.\* & **Levin, M.E.** (Under Review). Does the Cognitive Fusion Questionnaire measure more than frequency of negative thoughts?  Arch, J.J., Mitchell, J.L., **Levin, M.E.**, Genung, S.R., Crespi, C.M., Nealis, M., Sheth, A.D., Magidson, J.F. & Stanton, A.L. (Under Review). An online values-based intervention to promote endocrine therapy adherence among breast cancer survivors: Feasibility, acceptability, and affective responses. | | | | | | | | | |
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| PROFESSIONAL PRESENTATIONS | | | | | | | | | |
| INVITED PRESENTATIONS **Levin, M.E.** (2021). Increasing the reach and efficacy of mental health services through technology.Invited online presentation for the Colombian Congress of Psychology 2021 to be presented in October 2021.  **Levin, M.E.** (2021). Using technology to enhance acceptance and commitment therapy. Invited presentation for the 2021 Generations Conference, Online due to COVID-19.  **Levin, M.E.** (2021). Using online self-help to improve college student mental health: Findings from recent research. Invited presentation for the Utah First-Year Consortium Virtual Conference, Online due to COVID.  **Levin, M.E.** (2020). Mental health self-care: Practical ways to improve your well-being. Invited presentation for the Mental Health and Developmental Disabilities National Training Center.  **Levin, M.E.** (2019). Using online acceptance and commitment therapy to improve the reach and impact of mental health services. Invited presentation for the ACT Mini Lecture Series, Department of Veterans Affairs.  **Levin, M.E.** (2019). Improving college student mental health through online acceptance and commitment therapy. Invited presentation for the University of Nevada, Reno Counseling Services Center.  **Levin, M. E.** (2018). Acceptance and Commitment Therapy online: Improving reach and refining theory. Invited presentation at the Nevada Association for Behavior Analysis annual conference, Las Vegas, NV.  **Levin, M. E.** (2018). Delivering acceptance and commitment therapy online. Invited presentation at the Western Psychological Association annual conference, Portland, OR. INTERNATIONAL/NATIONAL CONFERENCE PRESENTATIONS **2021**  Hayes, S.C., McHugh, L., **Levin, M.E.**, Gloster, A. & Karekla, M (2021). Process-based CBT, open science and other trends. Panel presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Sandoz, E., Rogge, R., Gloster, A. & **Levin, M.E.** (2021). Measuring psychological flexibility: Challenges and opportunities. Panel presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  **Levin, M.E.**, McHugh, L., Bricker, J. & Fung, K. (2021). Learning how to publish Contextual Behavioral Science. Workshop presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Davis, C.H.\*, Klimczak, K.\* & **Levin, M.E.** (2021). Scaling up an Online Acceptance and Commitment Therapy Program for General Mental Health: Rollout and Community Impression. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Klimczak, K.\*, **Levin, M.E.**, Twohig, M.P. & Peacock, G. (2021). Effects of Peer-support Coaching on Adherence to the Online ACT Guide Program. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Ong, C.W.\*, Pierce, B.G., Petersen, J.M.\*, Barney, J.L.\*, Fruge, J.E.\*, **Levin, M.E.** & Twohig, M.P. (2021). A Psychometric Comparison of Psychological Inflexibility Measures: Discriminant Validity and Item Performance. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Petersen, J.\*, Twohig, M., Fruge, J.\*, Ong, C.W.\*, Barney, J.L.\*, Krafft, J.\*, Lee, E.B. & **Levin, M.E.** (2021). A Pilot Randomized Controlled Trial of Online-Delivered ACT-Enhanced Behavior Therapy for Trichotillomania in Adolescents. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Pierce, B., Twohig, M.P. & **Levin, M.E.** (2021). Web and app-based delivery of a transdiagnostic ACT Matrix intervention for college students: Processes and outcomes for depressive and anxiety symptoms. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Krafft, J.\*, Petersen, J.M.\*, Twohig, M.P. & **Levin, M.E.** (2021). Initial efficacy and acceptability of an ACT self-help website for hoarding. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Johnson, H.M.\*\*, Krafft, J.\*, An, W., & **Levin, M.E.** (2021). Evaluating psychological inflexibility processes for anger in college students. Poster presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Donahue, M.L.\*, Krafft, J.\*, Seifert, S., Lillis, J., **Levin, M.E.** (2021). Valued living and committed action on weight-related health behaviors: A secondary analysis of an RCT. Poster presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Ong, C.W.\*, Lee, E.B., **Levin, M.E.** & Twohig, M.P. (2021). Examining an online self-help process-based intervention for clinical perfectionism. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Klimczak, K.S.\*, Lucero, S., Davis, C.H.\*, Van Epps, J.J. & **Levin, M.E.** (2021). Effectiveness and implementation of the ACT Daily app for college students. Paper presented at the 19th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  **2020**  Krafft, J.\*, Davis, C.H.\*, Twohig, M. & **Levin, M.E.** (2020). Impact of coaching on outcome, engagement, and processes of change in an online ACT intervention. Paper presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Online due to COVID-19.  Smith, B.M., Barney, J.\*, Ong, C.\*, Barrett, T., **Levin, M.E.** & Twohig, M. (2020). Outcomes and mechanisms of change in acceptance and regulation approaches to exposures for intrusive thoughts. Paper presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Online due to COVID-19.  Klimczak, K.\*, Davis, C.H.\*, Twohig, M.P. & **Levin, M.E.** (2020). ACT Guide: Development and implementation of a large-scale online self-help program for general mental health based on acceptance and commitment therapy. Paper presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Klimczak, K.\* & **Levin, M.E.** (2020). How to use technology to deliver and enhance acceptance and commitment therapy. Workshop presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  **Levin, M.E.**, Krafft, J.\* & Twohig, M.P. (2020). Examining the processes of change in the open and engaged components of acceptance and commitment therapy. Paper presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Smith, B.M., Barney, J.L.\*, Ong, C.W.\*, Barrett, T.S., **Levin, M.E.**, & Twohig, M.P. (2020). Physiological, behavioral, and self-report outcomes of acceptance and regulation approaches to exposures for intrusive thoughts. Paper presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Davis, C.H.\*, **Levin, M.E.**, Twohig, M.P. & DeBerard, M.S. (2020). Implementing an acceptance and commitment therapy intervention for depressed college students through online bibliotherapy: A randomized controlled trial. Paper presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Petersen, J.M. \*, Durward, C., Bingeman, B., Nelson, C., Davis, E., Cromwell, S., Prevedel, S., Parkhurst, E. & **Levin, M.E.** (2020). Using online acceptance and commitment therapy to improve diet and physical activity among overweight and obese adults: Results from a randomized controlled trial. Paper presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Vilardaga, R., Gaudiano, B. & **Levin, M.E.** (2020). Digital Technology and Philosophy: Deepening the roots of how we think about digital health interventions. Panel presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Lee-Baggley, D. (Chair), Gillanders, D., Bricker, J., Petersen, J.\* & **Levin, M.E.** (Discussant) (2020). Innovations and advancements in Acceptance and Commitment Therapy and Compassion Focused Therapy for health conditions. Symposium presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19.  Davis, C.\*, Krafft, J.\*, Twohig, M.P. & **Levin, M.E.** (2020). Understanding attitudes and perceived behavioral responsibility towards global climate change through psychological flexibility processes. Poster presented at the 18th annual World Conference of the Association for Contextual and Behavioral Sciences, Online due to COVID-19. *Won a Junior Investigator Poster Award at the conference.*  **2019**  Arch, J.J., Landy, L.\*, Tobias, M.\*, Wolitzky-Taylor, K. & **Levin, M.E.** (2019). Patient-level Barriers to Evidence-based Treatment Seeking in Anxiety Disorders: Linking a Systematic Review to Novel Intervention. Paper presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.  Ong, C.\*, Lee, E.\*, Krafft, J.\*, Terry, C.\*\*, Barrett, T., **Levin, M.E.** & Twohig, M. (2019). A Randomized Controlled Trial of Acceptance and Commitment Therapy for Clinical Perfectionism. Paper presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.  Davis, C.\*, An, W.\*, Twohig, M. & **Levin, M.E.** (2019). A Randomized Controlled Trial of Mindfulness-based Stress Reduction versus Acceptance and Commitment Therapy Bibliotherapy for College Student Mental Health. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.  Hicks, E.\*, **Levin, M.E.** & Krafft, J.\* (2019). Evaluation of a mindfulness app for college student mental health. Paper presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Levin, C., **Levin, M.E.**, Pistorello, J., Hayes, S.C., Seeley, J. & Hicks, E.\* (2019). Implementing online ACT guided self-help in college counseling centers: Results from a multi-site randomized control trial. Paper presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  **Levin, M.E.**, Potts, S.\* & Krafft, J.\* (2019). Evaluating an Acceptance and Commitment Therapy self-help book for weight self-stigma: Results from a randomized trial. Paper presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Lillis, J., Villatte, J., Bricker, J., Karekla, M., Lappalainen, R. & **Levin, M.E.** (2019). Designing, developing, implementing, and evaluating digital health interventions from a CBS framework. Panel presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Bolderston, H. (Chair), Turner, G., Rinner, M., Gallego, A. & **Levin, M.E.** (Discussant) (2019). Social anxiety: Bridging experimental and clinical research. Symposium presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Bricker, J. (Chair), Kelly, M.M., Vahey, N., Watson, N. & **Levin, M.E.** (Discussant) (2019). From human to robot therapists: How the functions of ‘therapists’ have evolved in the context of ACT for cigarette smoking cessation. Symposium presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Walder, N.\*, **Levin, M.E.**, Twohig, M., Karekla, M. & Gloster, A. (2019). The meta-analytic evidence of acceptance and commitment therapy: A review. Poster presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Barney, J.L.\*, Soderquist, A.\*\*, Ashcraft, T.\*\*, Lee, E.\*, Twohig, M.P. & **Levin, M.E.** (2019). Evaluation of an ACT-based mobile app for problematic pornography viewing. Poster presented at the 17th annual World Conference of the Association for Contextual and Behavioral Sciences, Dublin, Ireland.  Krafft, J.\*, Ong, C. W.\*, Cruz, R. A., Twohig, M. P., & **Levin, M. E.** (2019). The function of hoarding in the moment and its relationship to psychological flexibility. Paper presented at the 26th Annual International OCD Foundation Conference, Austin, TX.  Fauth, E. B., Schiwal, A.\*, Novak, J. R., & **Levin, M. E.** (2019). An Acceptance and Commitment Therapy (ACT) intervention for at-home caregivers of persons with dementia: Positive caregiver outcomes within a novel, online, self-guided program. Poster presented at the International Association of Gerontology and Geriatrics - European Region Congress, Gothenburg, Sweden.  **2018**  Sockol, L., Bloom, E.L., Forgeard, M.J.C., Khazanov, G.K. & **Levin, M.E.** (2018). You can pay someone to do that for you: Partnering with technology companies for behavioral research. Panel presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.  Ong, C. W.\*, Hancock, A., Lee, E. B.\*, Gillam, R. B., **Levin, M. E.**, & Twohig, M. P. (2018). Neurological differences between individuals with and without clinical perfectionism. Poster presented at the 25th annual conference of the International OCD Foundation, Washington, DC.  **Levin, M.E.**, Haeger, J.\*, Navarro, C. & Cruz, R. (2018). Using mobile apps to tailor ACT skill training in-the-moment: Results from the ACT Daily app. Paper presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  An, W.\*, Lee, E.\*, Twohig, M. & **Levin, M.E.** (2018). A systematic review of ACT treatment research in South Korea. Paper presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Krafft, J.\*, Haeger, J.\*, **Levin, M.E.**, An, W.\* & Twohig, M. (2018). Examining a prototype mobile app for self-critical thoughts: A clinical component test of cognitive defusion and cognitive restructuring. Paper presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Pierce, B.\* & **Levin, M.E.** (2018). Does momentary affect matter? An investigation of momentary affective discrimination and its relation to psychological flexibility processes. Paper presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Krafft, J.\* & **Levin, M.E.** (2018). An ecological momentary assessment (EMA) investigation of cognitive processes for responding to difficult thoughts. Paper presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Rizo, J. (Chair), Gloster, A., Haeger, J. & **Levin, M.E.** (Discussant) (2018). Empirically evaluating smartphone app technology effectiveness in delivering and evaluating ACT interventions. Symposium presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Shearer, E.M. (Chair), Morrison, K.L., Zink, A. & **Levin, M.E.** (Discussant) (2018). Open, aware, and engaged: ACTing and adapting across the video platform. Symposium presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Vriesman, M. (Chair), Law, S, Maragakis, A., Newsome, K., Kuczynski, A.M. & **Levin, M.E.** (Discussant) (2018). Exploring a past, present and future of broadening of behavioral horizons. Symposium presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Karlsson, E., Biglan, A. Tirch, D., Johansson, M. & **Levin, M.E.** (2018). How CBS-based interventions can decrease polarization in political contexts. Panel presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Mack, S.A.\*, Lillis, J. & **Levin, M.E.** (2018). Meta-analysis of acceptance and commitment therapy for weight-loss, physical activity, and other weight-related outcomes. Poster presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  An, W.\*, Dotterer, A.M., Park, S.J.\* & **Levin, M.E.** (2018). Exploring the relations between discrimination, psychosocial outcomes, and psychological inflexibility among college students. Poster presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  Krafft, J.\* & **Levin, M.E.** (2018). The incremental validity of the Cognitive Fusion Questionnaire (CFQ) over a measure of automatic negative thoughts. Poster presented at the 16th annual World Conference of the Association for Contextual and Behavioral Sciences, Montreal, Canada.  **2017**  Krafft, J.\*, & **Levin, M. E.** (2017). The differential impact of defusion and reappraisal on college student mental health. Poster presented at the 51st annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.  Ong, C. W.\*, **Levin, M. E.**, Krafft, J.\*, & Twohig, M. P. (2017). An examination of the role of psychological flexibility in hoarding using multiple mediator models. Poster presented at the 51st annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.  Cruz, R.A., Wynn, E.\*\*, Carrera, K.\*, Mechammil, M.\*, **Levin, M.E.** & Deberard, S. (2017). Evaluating the implementation of a web-based routine outcome monitoring system at the Utah State University training clinic. Paper presented at the American Psychological Association annual convention, Washington, D.C.  Haeger, J.\*, Krafft, J.\*, & **Levin, M.E.** (2017). Initial findings from a randomized dismantling trial of the LifeToolbox website: A transdiagnostic online acceptance and commitment therapy intervention for distressed college students. Paper presented at the 15th annual World Conference of the Association of Contextual and Behavioral Sciences, Seville, Spain.  Haeger, J.\*, **Levin M.E.**, & Pierce, B.\* (2017). Evaluating methods for teaching psychological skills through smartphones: A randomized control trial of the revised ACT Daily mobile app. Paper presented at the 15th annual World Conference of the Association of Contextual and Behavioral Sciences, Seville, Spain.  Oser, M., Haeger, J.\*, Purvis, C., & **Levin, M.E.** (2017). Enriching your clinical work through mobile technology consistent with contextual behavioral science. Workshop presented at the 15th annual World Conference of the Association of Contextual and Behavioral Sciences, Seville, Spain.  Mitchell, J.L., Arch, J.J., **Levin, M.E.** & Fishbein, J.\* (2017). A Hybrid Online and In-Person ACT-Based Group Intervention for People Living with Metastatic Cancer. Paper presented at the meeting of the Association of Oncology Social Work, Denver, CO.  Pierce, B.\*, Potts, S.\*, & **Levin, M. E.** (2017) Stigma, privilege, and “sorting things out” in the context of weight-related discrimination: An applied perspective. Paper presented at the 2017 Association for Women in Psychology Conference, Milwaukee, WI.  **2016**  **Levin, M.E.**, Haeger, J.\*, Krafft, J.\*, Pierce, B.\*, Daines, J.\*\* & Twohig, M. (2016). Web-Based Self-Help for College Students: Evaluating A Transdiagnostic Acceptance and Commitment Therapy Program. Paper presented at the Association for Behavioral and Cognitive Therapies, New York, NY.  Krafft, J.\* & **Levin, M.E.** (2016). The interaction between mindful awareness and acceptance in predicting couples satisfaction. Poster presented at the Association for Behavioral and Cognitive Therapies, New York, NY.  Ong, C.W.\*, Clyde, J.W.\*\*, Bluett, E.J.\*, **Levin, M.E.** & Twohig, M.P. (2016). Dropout rates in exposure with response prevention for obsessive-compulsive disorder: A meta-analytic review. Poster presented at the Association for Behavioral and Cognitive Therapies, New York, NY.  **Levin, M. E.**, Oser, M. & Haeger, J.\* (2016). Enriching your clinical work with mobile technology. Workshop presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Rudaz, M., Smith, B.\*, Potts, S.\*, **Levin, M.E.** & Twohig, M. (2016). The effectiveness of a mind-body training to foster self-care in health professionals. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Lee, E.\*, An, W.\*, **Levin, M.E.** & Twohig, M. (2016). An initial meta-analysis of ACT for substance use disorders. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Dalrymple, K., **Levin, M.E.,** Haeger, J.\*, Walsh, E., Rosenstein, L. & Gaudiano, B. (2016). Development of a brief, values-based online adjunctive intervention for depression and anxiety. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Pierce, B.\*, **Levin, M.E.** & Schoendorff, B. (2016). Prompting the “away-towards” distinction in matrix-based health behavior change. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Potts, S.\*, Haeger, J.\*, Lillis, J. & **Levin, M.E.** (2016). Delivering acceptance and commitment therapy through guided self-help for weight self-stigma: Results from an open trial. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Haeger, J.A.\* & **Levin, M.E**. (2016). Using mobile technology to augment therapy and provide self-help: Preliminary research findings with the ACT Daily mobile app. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  **Levin, M.E.**, Pierce, B.\* & Twohig, M. (2016). Use, preferences, and barriers with ACT-related mobile apps: Results from a survey of ACBS members. Paper presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Krafft, J.E.\*, Haeger, J.\*, Pierce, B.\* & **Levin, M.E**. (2016). The interaction between mindful awareness and acceptance in predicting couples satisfaction. Poster presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Rizzo, C., Faraci, P., **Levin, M.E**. & Presti, G. (2016). Italian validation on the AAQ-S scale: A preliminary investigation of its psychometric properties. Poster presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Excelmans, E. (Chair), Vilardaga, R., Haeger, J. & **Levin, M.E.** (Discussant) (2016). To blend or not to blend: Advantages of mixing ACT with new technologies. Symposium presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Chin, F. (Chair), Lee, E., Bogusch, L., Singh, S. & **Levin, M.E.** (Discussant) (2016). Meta-analysis in contextual behavioral science: A symposium of synthesis. Symposium presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Rizo, J. (Chair), Moitra, E., Cathey, A., Villatte, J. & **Levin, M.E.** (Discussant) (2016). Ecological momentary assessments (EMA) to measure ACT processes and behavioral health across populations. Symposium presented at the 14th annual World Conference of the Association for Contextual and Behavioral Sciences, Seattle, WA.  Haeger, J.A.\*, **Levin, M.E.**, Pierce, B.G.\* (2016). ACT Daily: An adjunctive app for promoting ACT skill use among depressed and anxious clients*.* Poster presented at the International Society for Research on Internet Interventions (ISRII) 8th Scientific Meeting, Seattle, WA.  Haeger, J.A**.\*, Levin, M.E.,** Pierce, B.G.\*, & Twohig, M.P. (2016). A randomized controlled trial of transdiagnostic web-based acceptance and commitment therapy for mental health issues in college students*.* Poster presented at the International Society for Research on Internet Interventions (ISRII) 8th Scientific Meeting, Seattle, WA.  Potts, S.\*, Pierce, B.\*, **Levin, M.E.**, & Twohig, M. (2016). Perceived helpfulness, overall use, and barriers to using acceptance and commitment therapy apps within a therapist sample. Poster presented at the International Society for Research on Internet Interventions (ISRII) 8th Scientific Meeting, Seattle, WA.  Wynn, E.\*\*, Mechammil, M.\*, Gage, B.\*\*, **Levin, M.E.** & Cruz, R. (2016). Implementing a Measurement Feedback System in a Psychology Graduate Training Clinic. Poster presented at the 30th annual National Conference for Undergraduate Research, Asheville, NC.  **2015**  Haeger, J.\* & **Levin, M.E.** (2015). A pilot study of ACT-Daily: An ecological momentary intervention smartphone application for the adjunctive treatment of depression and anxiety disorders. Paper presented at the Association for Behavioral and Cognitive Therapies, Chicago, IL.  Block-Lerner, J., Hershfield, J., Lilly, M., Zerubavel, N., Lenda, A., Marks, D. & **Levin, M.E.** (2015). Mindfulness and acceptance-based training for professionals and trainees in the health sciences: Improving dissemination by considering feasibility, nuts and bolts, and active ingredients. Panel presented at the Association for Behavioral and Cognitive Therapies, Chicago, IL.  McLean, C., Titov, N., Ruggiero, K.J., Mohr, D. & **Levin, M.E.** (2015). New developments in the use of technology to improve CBT access and outcomes. Panel presented at the Association for Behavioral and Cognitive Therapies, Chicago, IL.  Potts, S.\*, Haeger, J.\*, Pierce, B.\* & **Levin, M. E.** (2015). Weight self-stigma and problem eating behaviors: Multiple predictors, unique associations, and the centrality of psychological flexibility in a college sample. Poster presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  **Levin, M. E.**, Oser, M. & Haeger, J.\* (2015). Using web/mobile technology to enhance your clinical work. Workshop presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  Haeger, J.A.\*, **Levin, M.E.** & Pierce, B.\* (2015). Examining facets of psychological inflexibility as transdiagnostic predictors of psychological problems with college students. Paper presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  Haeger, J.A.\*, **Levin, M.E.** & Smith, G.S. (2015). Development of an Implicit Measure of Emotional Judgments: Relations to Experiential Avoidance and Public Speaking Performance. Paper presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  Smith, B.\* (Chair), Williams, N., Stewart, C. & **Levin, M.E.** (Discussant) (2015). Toward a Coherent Model of Scientific Progress: Translational Research in Contextual Behavioral Science. Symposium presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  Lopez, J.C. (Chair), Eisenbeck, N., Barbero-Rubio, A. & Vasileiou, V. & **Levin, M.E.** (Discussant) (2015). Recent Contextual Behavioral Research Targeting Psychological Inflexibility. Symposium presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  Pistorello, J., **Levin, M.E.**, Aydin, Y., Renner, P., Rasanen, P. & Morse, C.C. (2015). ACT, Psychological Flexibility, and College Students: Relevance Across the World. Panel presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  **Levin, M.E.**, Lillis, J. & Haeger, J.\* (2015). Targeting prejudice/stigma at a public health level. Paper presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  **Levin, M.E.**, Haeger, J.\* & Twohig, M. (2015). Testing a transdiagnostic web-based ACT self-help program for college students. Paper presented at the 13th annual World Conference of the Association for Contextual and Behavioral Sciences, Berlin, Germany.  **2014**  Smith, B.M.\*, Villatte, J.L., **Levin, M.E.** & Hayes, S.C. (2014). The influence of a personal values intervention on distress tolerance. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  Twohig, M. (Chair), Smith, B.M.\*, Karekla, M., **Levin, M.E.** (Discussant) (2014). Recent Contextual Behavioral Research Targeting Psychological Inflexibility. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  Haeger, J.\*, **Levin, M.E.** & Twohig, M. (2014). Web-Based Self-Help for Distressed College Students: A Pilot Study of a Transdiagnostic ACT Program. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  Pistorello, J., Hayes, S.C., Seeley, J., Long, D., Lillis, J., Villatte, J., Biglan, A., MacLane, C., **Levin, M.E.,** Vilardaga, R. & Daflos, S.(2014). ACT as a first year experience seminar for college freshman: Acceptability and perceived utility. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  Bluett, E.J.\*, Homan, K.J.\*, Morrison, K.L.\*, **Levin, M.E.** & Twohig, M.P. (2014). Psychological flexibility and anxiety disorders: A meta-analysis. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  **Levin, M. E.**, Pistorello, J., Hayes, S.C., Seeley, J., Levin, C., Dalrymple, K., Gaudiano, B. & Haeger, J.\* (2014). Using adjunctive web/mobile ACT technologies to augment clinical practice. Paper presented at the 12th annual World Conference of the Association for Contextual and Behavioral Sciences, Minneapolis, MN.  **Levin, M. E.**, Hayes, S.C., Pistorello, J., & Seeley, J. (2014). Preventing mental health problems in college students through web-based ACT. Paper presented at the 12th annual World Conference of the Association for Contextual and Behavioral Sciences, Minneapolis, MN.  Vilardaga, R., **Levin, M. E.** & Hayes, S.C. (2014). The flexible connectedness model: A contextual behavioral framework for effective human interaction. Paper presented at the 12th annual World Conference of the Association for Contextual and Behavioral Sciences, Minneapolis, MN.  Haeger, J.\*, **Levin, M.E.** & Twohig, M. (2014). Developing a prototype ACT website for distressed college students with Qualtrics survey software. Poster presented at the 12th annual World Conference of the Association for Contextual and Behavioral Sciences, Minneapolis, MN.  Potts, S.\*, Haeger, J.\* & **Levin, M.E.** (2014). Examining cognitive fusion and psychological inflexibility as predictors of binge eating. Poster presented at the 12th annual World Conference of the Association for Contextual and Behavioral Sciences, Minneapolis, MN.  **2013**  **Levin, M.E.**, MacLane, C., Daflos, S., Seeley, J., Hayes, S.C., Biglan, A. & Pistorello, J. (2013). Examining psychological inflexibility as a transdiagnostic risk factor for axis I disorders among first year college students. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.  **Levin, M. E.**, Pistorello, J., Hayes, S.C. & Seeley, J. (2013). Evaluating a prototype web-based Acceptance and Commitment Therapy program for the prevention of mental health problems among college students. Poster presented at the 6th Scientific Meeting for the International Society for Research on Internet Interventions, Chicago, IL.  **2012**  **Levin, M. E.**, Pistorello, J., Hayes, S.C. & Seeley, J. (2012). ACT on College Life: A web-based ACT program for the prevention of mental health problems among college students. Paper presented at the 10th annual World Conference of the Association for Contextual and Behavioral Sciences, Washington D.C.  Lillis, J., Kendra, K.E., **Levin, M.E.**, & Trafton, J. (2012). Are the neurobiological effects of elevated BMI addiction-like? Impact on behavioral inhibition. Poster presented at the annual meeting for the Society of Behavioral Medicine, New Orleans, LA.  **2011**  Jeffcoat, T., Vilardaga, R., **Levin, M.E.** & Hayes, S.C. (2011). Developing a new protocol to measure deictic framing repertoires in adults. Paper presented at the 9th annual World  Conference of the Association for Contextual and Behavioral Sciences, Parma, Italy.  **2010**  **Levin, M. E.** & Hayes, S. C. (2010). Cognitive fusion and experiential avoidance: Examining the role of implicit emotional evaluations. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.  Pistorello, J. & **Levin, M. E.** (2010). Acceptance and mindfulness-based FYE: A randomized controlled trial. Paper presented at the International Conference on The First Year- Experience, Maui, HI.  Estévez, A., Vilardaga, R., **Levin. M. E.** & Hayes, S. C. (2010). La empatía, la evitación experiencial y la conducta relacional deíctica como predictores de la Anhedonia social en universitarios*.* Paper presented at the VII Congreso Iberoamericano de Psicología.  Stromberg, C.C., Hayes, S.C., Pistorello, J., Vilardaga, R., **Levin, M.E**., et al. (2010). Gender differences in the relationship between experiential avoidance and worksite factors. Paper presented at the 4th World Conference on ACT, RFT, and Contextual Behavioral Science, Reno, NV.  Luoma, J., Bach, P., Lillis, J., **Levin, M.E.** & Masuda, A. (2010). Stigma and discrimination: Empowering the research agenda. Panel presented at the 4th World Conference on ACT, RFT, and Contextual Behavioral Science, Reno, NV.  Morse, C., Pistorello, J., **Levin, M.E.** & Seeley, J. (2010). ACT based preventive programming on college campuses. Panel presented at the 4th World Conference on ACT, RFT, and Contextual Behavioral Science, Reno, NV.  Vilardaga, R., Estévez, A., **Levin, M.E.** & Hayes, S.C. (2010). Associations among deictic relational responding, empathy, experiential avoidance and social anhedonia in a sample of college students. Paper presented at the 4th World Conference on ACT, RFT, and Contextual Behavioral Science, Reno, NV.  **Levin, M.E.**, Pistorello, J., Hayes, S.C., Seeley, J., Plumb, J., Long, D. & Vilardaga, R. (2010).  Smoking cessation and prevention of mental health problems: Discussing two ongoing projects. Paper presented at the 4th World Conference on ACT, RFT, and Contextual Behavioral Science, Reno, NV.  **Levin, M. E.**, Stromberg, C., Boulanger, J., Waltz, T. & Hayes, S. C. (2010). Testing the impact of a brief acceptance, mindfulness and values intervention on multiple features of task persistence. Paper presented at the 4th World Conference on ACT, RFT, and Contextual Behavioral Science, Reno, NV.  Villatte, J., **Levin, M.E.**, Pistorello, J. & Hayes, S.C. (2010). Experiential avoidance as part of a functional contextual approach to emotion regulation and psychopathology*.* Paper presented at the World Congress of Behavioral and Cognitive Therapies, Boston, United States.  Vilardaga, R., Estévez, A., **Levin, M.E.**, Hayes, S.C. (2010). Deictic relational responding, empathy and experiential avoidance as predictors of social anhedonia in college students. Paper presented at the World Congress of Behavioral and Cognitive  Therapies, Boston, United States.  **Levin, M.E.**, Stromberg, C., Boulanger, J., Waltz, T. & Hayes, S. C. (2010). Testing the impact of a brief acceptance, mindfulness and values intervention on multiple features of task persistence. Poster presented at the World Congress of Behavioral and Cognitive Therapies 2010, Boston, MA.  **2009**  Estévez, A., Vilardaga, R., **Levin, M.E.** & Hayes, S.C (2009). Conducta relacional deíctica, empatía y evitación experiencial como predictores de anhedonia social en estudiantes universitarios. Poster presented at the 2nd meeting of the “Emotions and Well Being” Conference, Madrid, Spain.  **Levin, M.E.,** Lillis, J., Hayes, S.C., Pistorello, J., Biglan, A. & Seeley, J. (2009). The role of experiential avoidance in the development and maintenance of psychopathology: A review of the evidence. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.  Vilardaga, R., Waltz, T., **Levin, M.E.**, Hayes, S. C., Stromberg, C. & Amador, K. (2009). Deictic relational framing and connectedness among college students: A small analog study. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  **Levin, M.E.**, Vilardaga, R. & Boulanger, J. (2009). Contextual Behavioral Science and ACT/RFT: Discussing scientific strategy and future directions in research. Workshop presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  **Levin, M.E.,** Waltz, T., Hayes, S.C. & Vilardaga, R. (2009). Testing an adaptation of the IRAP to increase sensitivity to detect implicit relations at the individual level. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  Plumb, J.C., **Levin, M.E.**, Hayes, S.C., Morrison, K.L., DeFreitas, D., & Bowes, E. (2009). Using a brief values intervention to increase studying behavior in college students. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  Pistorello, J., Hayes, S. C., Lillis, J., MacLane, C., **Levin, M.E.**, Boulanger, J., Biglan, A. & Seeley, J. (2009). Using ACT to prevent mental health problems among college freshman. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  Hayes, S. C., Pistorello, J., Luoma, J., Kohlenberg, B., Vilardaga, R., **Levin, M.E.,** Lillis, J. & Hildebrandt, M. (2009). ACT for stigma and burnout with substance abuse counselors. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  Vilardaga, R., Luoma, J. **Levin, M.E.**, Hayes, S. C., Pistorello, J., Hildebrandt, M., Kohlenberg, B. & Roget, N. (2009). Predictors of stigma among addictions counselors. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  **Levin, M.E.,** Vilardaga, R., Lillis, J., Hayes, S. C., Pistorello, J., Luoma, J. & Kohlenberg, B. (2009). Generalized prejudice: Testing a Relational Frame Theory account of prejudice and stigma. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  Lillis, J., **Levin, M.E.**, Luoma, J.B. & Hayes, S. C. (2009). Measuring weight stigma. Paper presented at the 3rd World Conference on ACT, RFT, and Contextual Behavioral Science, Enschede, The Netherlands.  **Levin, M.E.,** Vilardaga, R. & Hayes, S.C. (2009). The role of group design methods in behavior analysis: Contextual behavioral science as a model. Paper presented at the 35th Annual Convention of the Association for Behavior Analysis International, Phoenix, AZ.  **Levin, M.E.,** Vilardaga, R., Lillis, J., Hayes, S.C., Pistorello, J. & Luoma J.B. (2009). Generalized prejudice: Testing a Relational Frame Theory Account of prejudice and stigma. Paper presented at the 35th Annual Convention of the Association for Behavior Analysis International, Phoenix, AZ.  Vilardaga, R., Hayes, S.C., **Levin, M.E.**, Muto, T. (2009). Functional contextualism and contextual behavioral science. Paper presented at the 35th Annual Convention of the Association for Behavior Analysis International, Phoenix, AZ.  Vilardaga, R., Waltz, T., **Levin, M.E.**, Hayes, S.C., Stromberg, C. (2009). Deictic framing and human objectification: further testing of a new procedure to enhance empathic concern towards others. Paper presented at the 35th Annual Convention of the Association for Behavior Analysis International, Phoenix, AZ.  **2008**  Hayes, S. C., **Levin, M.E.**, Vilardaga, R., & Yadavaia, J. (2008). A meta-analysis of mediational and component analyses of ACT. Paper presented at the European Association for Behavioral and Cognitive Therapies Annual Congress, Helsinki, Finland.  **Levin, M.E.**, Hayes, S.C., & Vilardaga, R. (2008). Processes of change in Acceptance and Commitment Therapy: A meta-analysis of mediation in ACT outcome studies. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.  Luoma, J.B., Vilardaga, R., Hayes, S.C., Pistorello, J., Hildebrandt, M., **Levin, M.E.**, Kohlenberg, B., & Roget, N. (2008). The role of Acceptance and Commitment Therapy processes in stigma towards substance users. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.  Hayes, S.C., Lazzarone, T., Baumruck, K., Muto, T., Vijay, A., Lundgren, T., Schmalz, **Levin, M.E.**, Long, D. & Polk, K. (2008). ACT self-help research: International lab meeting. Presented at the 4th ACT Summer Institute, Chicago, IL  Hildebrandt, M.J., Vilardaga, R., **Levin, M.E.**, Hayes, S.C., Luoma, J.B., Kohlenberg,B., et al. (2008). Implications for the importance of valuing in the workplace. Paper presented at the 34th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.  Twohig, M.P., Hayes, S.C., Plumb, J., Pruitt, L., Sailer, A., Hazlett-Stevens, H., **Levin, M.E.** & Mukherjee, D. (2008). A randomized clinical trial of Acceptance and Commitment Therapy for OCD. Paper presented at the 34th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.  Vilardaga, R., **Levin, M.E.,** Hildebrandt, M.J., Hayes, S.C. & Yadavaia, J.E. (2008). Human objectification: A relational frame theory account of prejudice and stigma. Paper presented at the 34th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.  Vilardaga, R., **Levin, M.E.,** Waltz, T.J. & Hayes, S.C. (2008). Testing a new perspective-taking procedure in the context of attitudes and emotional reactions towards ethnic minorities. Paper presented at the 34th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.  **Levin, M.E.,** Hayes, S.C., Waltz, T.J. & Vilardaga, R. (2008). Testing an adaptation of the  IRAP: Validation of a new procedure for assessing implicit relations. Paper presented at the 34th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.  **Levin, M.E.,** Waltz, T.J., Yadavaia, J.E. & Hayes, S.C. (2008). Examining the effect of a self as context intervention on multiple measures of task persistence. Paper presented at the  34th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.  **2007**  Lazzarone, T., Hayes, S. C., Louma, J., Kohlenberg, B., Pistorello, J., Lillis, J., Vilardaga, R.  Hildebrandt, M., & **Levin, M.E.** (2007) *The effectiveness of an ACT self-help manual: “Get Out of Your Mind & Into Your Life.”* Paper presented at the Association for Behavioral and Cognitive Therapies, Philadelphia.  Vilaradaga, R., **Levin, M.E.** & Hayes, S.C. (2007). A comprehensive review of perspective taking procedures in the psychological literature. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  Hayes, S.C., **Levin, M.E.,** Yadavaia, J.E. & Vilaradaga, R. (2007). Acceptance and Commitment Therapy: Models and processes of change. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  **Levin, M.E.,** Yadavaia, J.E., Hayes, S.C. & Hildebrandt, M. (2007). A meta-analysis of acceptance-based interventions for behavioral challenges requiring task persistence. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.  Fletcher, L. & **Levin, M.E.** (2007). Mindfulness and ACT: Connecting Buddhist meditation practices to ACT/RFT concepts. Workshop presented at the 3rd ACT Summer Institute, Houston, TX  Fletcher, L.B., **Levin, M.E.** & Hayes, S.C. (2007). Mindfulness, meditation, and ACT. Paper presented at the 33rd Annual Convention of the Association for Behavior Analysis International, San Diego, CA  Vilardaga, R., Yadavaia, J., **Levin, M.E.**, Parker, A. (2007). Deictic frames and mindfulness: Theoretical underpinnings and practical implications. Paper presented at the 33rd Annual Convention of the Association for Behavior Analysis International, San Diego, CA  **2006**  Schmiege, S., **Levin, M.E.**, Broaddus, M., Aibel, C., & Bryan, A. (2006). The assessment of an alcohol-related HIV preventive intervention for high-risk adolescents. Poster presented at the 14th annual meeting of the Society for Prevention Research, San Antonio, TX.  **2005**  Meskew-Stacer, S., Ray, L., Marshall, E., **Levin, M.E.**, & Hutchison, K.E. (2005). Subjective responses to alcohol and alcohol craving: Can participants accurately predict their craving for alcohol and subjective intoxication? Poster presented at the annual meeting of the Research Society on Alcoholism, Santa Barbara, CA. | | | | | | | | | |
| REGIONAL CONFERENCE PRESENTATIONS  Snow, J.\*\*, Klimczak, K.\*, Donahue, M.\*, Capel, L.\*, Levin, M. (2021). Examining daily patterns of psychological inflexibility*.* Utah Conference on Undergraduate Research, Online.  Clark, C.\*\*, Klimczak, K.\*, & **Levin, M.E.** (2020). Self-Guided Online ACT Apps and Interventions: A Meta-Analysis*.*Online poster session presented at the USU Student Research Symposium 2020, Logan, UT.  Frehner, S.\*\*, Krafft, J.\*, & **Levin, M. E.** (2019). Reappraisal and mindfulness skills compared against maladaptive cognitive processes in socially anxious college students. Poster presented at the meeting of the Rocky Mountain Psychological Association, Denver, Colorado.  Wynn, E.\*\*, Carrera, K.\*, **Levin, M.E.**, Deberard, M.S. & Cruz, R. (2017). Implementing a Measurement Feedback System in a Psychology Graduate Training Clinic. Poster presented at the 2017 Rocky Mountain Psychological Association conference, Salt Lake City, Utah.  Heninger, S.\*\* & **Levin, M.E.** (2016). Effectiveness of ACT bibliotherapy for problematic pornography viewing. Paper presented at the 2016 Fall Undergraduate Research Symposium at USU, Logan, Utah.  Pierce, B.\*, Haeger, J. A.\*, & **Levin, M.E.** (2015). ACT daily: Design and preliminary outcomes of an adjunctive application for Acceptance and Commitment Therapy. Symposium paper presented at the 2015 Rocky Mountain ACBS Chapter Regional Conference, Salt Lake City, Utah.  Potts, S.\*, Haeger, J.\*, **Levin, M.E.**, & Lillis, J. (2015). Guided self-help for weight-related stigma. Symposium paper presented at the 2015 Rocky Mountain ACBS Chapter Regional Conference, Salt Lake City, Utah.  Haeger, J.\*, **Levin, M.E.**, & Pierce, B.\* (2015). Web-based acceptance and commitment therapy for mental health problems in college students. Symposium paper presented at the 2015 Rocky Mountain ACBS Chapter Regional Conference, Salt Lake City, Utah.  **Levin, M.E.**, Haeger, J. A.\*, & Pierce, B.\* (2015). Integrating acceptance and mindfulness-based mobile apps into your clinical work. Workshop presented at the 2015 Rocky Mountain ACBS Chapter Regional Conference, Salt Lake City, Utah.  Duersch, M.\*\*, Haeger, J.\* & **Levin, M.E.** (2015). Psychological flexibility and student mental health. Poster presented at the Student Research Symposium at Utah State University, Logan, UT. | | | | | | | | | |
| TEACHING | | | | | | | | | |
| COURSES TAUGHT | | | | | | | | | |
|  | **PSY 7270: Lifespan Psychopathology**, Utah State University | | | | | | | | |
|  |  | Fall (2013 – 2020) | | | | | | | |
|  |  | | | | | | | | |
|  | **PSY 6750: Evidence-Based Practice II: Adults**, Utah State University | | | | | | | | |
|  |  | Spring (2014 – 2021) | | | | | | | |
|  |  |  | | | | | | | |
|  | **PSY 3720: Behavior Assessment and Intervention I**, Utah State University  Fall (2014 – 2016)  **PSY 441: Abnormal Psychology**, University of Nevada, Reno | | | | | | | | |
|  |  | Summer 2007 | | | | | | | |
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| STUDENT COMMITTEES | | | | | | | | | |
| CHAIRED STUDENT RESEARCH PROJECTS  **Defended** | | | | | | | | | |
| Sarah Potts  Benjamin Pierce  Woolee An  Jennifer Krafft  Jennifer Krafft  Jack Haeger | | | Combined Ph.D. Program  Combined Ph.D. Program  Clinical/Counseling Ph.D. Program  Clinical/Counseling Ph.D. Program  Clinical/Counseling Ph.D. Program  Clinical/Counseling Ph.D. Program | | | | *Dissertation-Defended*  *Dissertation-Defended*  *Dissertation-Defended*  *Dissertation-Defended*  *Thesis-Defended*  *Thesis-Defended* | | |
| Carter Davis | | | Clinical/Counseling Ph.D. Program | | | | *Thesis-Defended* | | |
| **Proposed** | | | | | | | | | |
| Carter Davis | | | Clinical/Counseling Ph.D. Program | | | | *Dissertation-Proposed* | | |
| Marissa Donahue | | | Clinical/Counseling Ph.D. Program | | | | *Dissertation Proposal in Development* | | |
| Korena Klimczak | | | Clinical/Counseling Ph.D. Program | | | | *Thesis-Proposed* | | |
| Miriam Mukasa | | | Clinical/Counseling Ph.D. Program | | | | *Thesis Proposal in Development* | | |
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| COMMITTEE MEMBER | | | | | | | | | |
| **Defended** | | | | | | | | | |
| Kate Morrison  Ellen Bluett | | | Combined Ph.D. Program  Combined Ph.D. Program | | | | | *Dissertation-Defended*  *Dissertation-Defended* | |
| Eric Lee | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Defended* | |
| Cassie Dance | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Defended* | |
| Brooke Smith | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Defended* | |
| Clarissa Ong | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation- Defended* | |
| Jeremiah Fruge | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Defended* | |
| Jordan Kugler | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Defended* | |
| Clarissa Ong | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Defended* | |
| Hallie Tannahill | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Defended* | |
| Elizabeth Hicks | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Defended* | |
| Juliana Petersen | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Defended* | |
| Cassie Dance | | | Combined Ph.D. Program | | | | | *Thesis-Defended* | |
| Tyson Barrett | | | Quantitative Psychology Ph.D. | | | | | *Dissertation-Defended* | |
| Joana Franco | | | Instructional Technology and Learning Sciences | | | | | *Dissertation- Defended* | |
| Savannah Cavender | | | School Psychology Ed.S. Program | | | | | *Thesis-Defended* | |
| Joel Skaria | | | Neuroscience Ph.D. Program | | | | | *Thesis Equivalent-Defended* | |
| Matthew Staheli | | | Experimental and Applied Psychological Science Ph.D. | | | | | *Thesis-Defended* | |
| Staci Berkowitz | | | Clinical Psychology Ph.D. program at Drexel University | | | | | *Dissertation-Defended* | |
| Clarie-Ann Henriques | | | Clinical Psychology Psy.D. program at La Salle University | | | | | *Dissertation-Defended* | |
| Orestis Kasinopoulos | | | Clinical Psychology Ph.D. program at University of Cyprus | | | | | *Dissertation-Defended* | |
| **Proposed** | | | | | | | | | |
| Kenia Carrera | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Proposed* | |
| Jeremy Fruge | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Proposed* | |
| Juliana Petersen | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Proposed* | |
| Hallie Tannahill | | | Clinical/Counseling Ph.D. Program | | | | | *Dissertation-Proposed* | |
| Guadalupe San Miguel | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Proposed* | |
| Leila Capel | | | Clinical/Counseling Ph.D. Program | | | | | *Thesis-Proposed* | |
| John Barr | | | School Psychology Ph.D. Program | | | | | *Thesis-Proposed* | |
| Siri Sedgwick | | | School Psychology Ed.S. Program | | | | | *Thesis-Proposed* | |
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| INTERNATIONAL STUDENT COMMITTEE MEMBER ROLES | | | | | | | | | |
| 2020 Thesis examiner for Carly Magnacca, *Master of Applied Disability Studies, Brock*  *University, Canada.*  2019 Thesis examiner for Shelley Viskovich, *PhD in Psychology, The University of*  *Queensland, Australia.* | | | | | | | | | |
| 2018 Thesis examiner for Michael Noetel, *Master of Applied Psychology, Australian*  *Catholic University, Australia.*  2016 Thesis examiner for Lauren Holland, *Master of Clinical Psychology, University of*  *Newcastle, Australia.* | | | | | | | | | |
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| EDITOR/REVIEWER SERVICE | | | | | | | | | |
| EDITOR ROLES | | | | | | | | | |
|  | *Editor in Chief,*  April 2020 - Present  Journal of Contextual Behavioral Science | | | | | | | | |
|  | *Associate Editor,* July 2015 – March 2020  Journal of Contextual Behavioral Science | | | | | | | | |
| AD HOC REVIEWS   * Behavior Modification * Behavior Therapy * Behaviour Research and Therapy * Clinical Psychology & Psychotherapy * Clinical Psychology Review * Cognitive and Behavioral Practice * Cognitive Behaviour Therapy * Cognitive Therapy and Research * Clinical Psychology: Science and Practice * Eating Behaviors * European Journal of Pain * Internet Interventions * Journal of Affective Disorders * Journal of Behavior Therapy and Experimental Psychiatry * Journal of Clinical Psychology * Journal of Consulting and Clinical Psychology * Journal of Contextual Behavioral Science * Journal of Counseling Psychology * Journal of Medical Internet Research * Journal of Mental Health * Journal of Personality Assessment * Journal of the Experimental Analysis of Behavior * Journal of Nervous and Mental Disease * Journal of Traumatic Stress * Military Psychology * Mindfulness * Neurotherapeutics * Psychiatry Research * Psychology of Consciousness: Theory, Research, and Practice * Psychology of Addictive Behaviors * Psychological Medicine * Psychological Services * Social and Personality Psychology Compass * The Psychological Record   GRANT REVIEW ACTIVITIES  2021 Grant Reviewer, *NIMH Post-Acute Interventions for the Treatment of Anorexia*  *Nervosa Review Panel*  2019 Grant Reviewer, *NIH Small Business: Psycho/Neuropathology, Lifespan*  *Development Panel*  2019 Grant Reviewer, *NIH R15: Risk Prevention and Health Behavior AREA Review Panel*  2016 Grant Reviewer, *NIH R15: Risk Prevention and Health Behavior AREA Review Panel*  2016 Grant Reviewer, *Association for Contextual Behavioral Science – Research*  *Development Grant*  2016 Grant Reviewer, *Israel Science Foundation*  2015 Grant Reviewer, *NIH Small Business: Psycho/Neuropathology, Lifespan*  *Development and Science Education special emphasis panel*  OTHER REVIEW ACTIVITIES  2020 Tenure & Promotion External Reviewer, *University of Houston*  2020 Tenure & Promotion External Reviewer, *Brown University*  2019 Tenure & Promotion External Reviewer, *Baylor College of Medicine*  2020 Book Proposal Reviewer, *Oxford University Press*  2019 Book Proposal Reviewer, *Elsevier / Academic Press*  2018- Conference Submission Reviewer, *Association for Contextual Behavioral Science*  2021 *annual conference*  2014 Conference Submission Reviewer, *Association for Behavioral and Cognitive Therapies*  *annual conference* | | | | | | | | | |
| OTHER SERVICE ROLES | | | | | | | | | |
| PROGRAM SERVICE  *Director of Clinical Training*, Summer 2020 – Present  Combined Clinical/Counseling Psychology Doctoral Program, Utah State University  *Associate Director of Clinical Training*, Summer 2017 – Summer 2020  Combined Clinical/Counseling Psychology Doctoral Program, Utah State University  *Clinical Comp Evaluation Coordinator,* Summer 2016 – Spring 2019  Combined Clinical/Counseling Psychology Doctoral Program, Utah State University  *Steering Committee Member,* Fall 2013 - Present  Combined Clinical/Counseling Psychology Doctoral Program, Utah State University  DEPARTMENT SERVICE  *Promotion and Tenure Committee, Tyler Lefevor* Fall 2020 - Present  Utah State University, Psychology Department  *Promotion and Tenure Chair, Greg Callan* Fall 2018 - Present  Utah State University, Psychology Department  *Promotion and Tenure Committee, Tyler Renshaw* Fall 2018 – Fall 2019  Utah State University, Psychology Department  *Faculty Search Policy Working Group Member,* Fall 2018  Department of Psychology, Utah State University  *Search Committee Chair,* Fall 2020  Assistant Professor in Health Psychology, Combined Clinical/Counseling Ph.D. program, Utah State University  *Search Committee Member,* Fall 2020  Assistant Professor in Counseling Psychology, Combined Clinical/Counseling Ph.D. program, Utah State University  *Search Committee Member,* Spring 2018 – Spring 2019  Assistant Professor, Behavior Analysis Ph.D. program, Utah State University  *Search Committee Member,* Fall 2014 – Spring 2014  Assistant/Associate Professor, Experimental and Applied Psychological Science Ph.D. program, Utah State University  *Search Committee Member,* Fall 2013 –Spring 2014  Assistant Professor, Psychology Department, Price Campus, Utah State University | | | | | | | | | |
| UNIVERSITY SERVICE | | | | | | | | | |
|  | *Mental Health Working Group Member,* Spring 2018 – Spring 2019  Utah State University  *Sona Director,* Spring 2014 – Spring 2018  Online Student Research System, Utah State University | | | | | | | | |
| INTERNATIONAL SERVICE | | | | | | | | | |
|  | *Centering Science Strategic Pillar, Committee Member* Spring 2020 - Present  Association for Contextual Behavioral Science  *ACBS Early Career Mentorship Program, Committee Chair* Spring 2021 - Present  Association for Contextual Behavioral Science  *Board Member* Spring 2014 – Spring 2019  ACTing with Technology SIG, Association for Contextual Behavioral Science  *Vice President* Summer 2014– Summer2016  College Student Mental Health SIG, Association for Contextual Behavioral Science | | | | | | | | |
|  | *ACBS Bylaws Committee Member* Spring 2015  Association for Contextual Behavioral Science | | | | | | | | |
| HONORS AND AWARDS | | | | | | | | | |
| * Fellow, Association for Contextual Behavioral Science, 2019 * Faculty Researcher of the Year, Emma Eccles Jones College of Education and Human Services, Utah State University, 2018 * Enrico E. Jones Award for Research in Psychotherapy and Clinical Psychology, Western Psychological Association, 2017 * Competitive Renewal, National Institutes of Health Clinical Loan Repayment Program, National Institute of Mental Health, 2016-2018 * Alan E. Hall Innovation for Undergraduate Student Success Award, 2015 * National Institutes of Health Clinical Loan Repayment Program, National Institute of Mental Health, 2014-2016 * Outstanding Graduate Student Researcher Award, University of Nevada, Reno, 2011 * Graduate Student Scholarship, University of Nevada, Reno, 2009 * Society for the Advancement of Behavior Analysis Student Presenter Grant, 2008 * Society for Prevention Research Travel Award, 2006 * Phi Beta Kappa Member, 2005 * Immogene Jacobs Scholarship,University of Colorado, Boulder, 2004 * Undergraduate Research Opportunities Grant, University of Colorado, Boulder, 2004 | | | | | | | | | |